



## **Mission**

Founded in 2010, Hope For Three (H43) fulfills its mission “to walk alongside families on their autism journey” by improving access to critical services, reducing barriers to care, and building inclusive, informed communities where autistic individuals can thrive.

## **Community Need**

Autism is the fastest-growing developmental disability in the United States, affecting 1 in 31 children (CDC, April 2025). The annual cost of care for an autistic child averages \$60,000, with lifetime costs reaching \$2.4 million. Despite the growing prevalence, families routinely face long waitlists, unaffordable therapies, and limited local resources. Autism is lifelong, and the need for sustained, high-quality support is lifelong as well.

## **Our Approach**

Hope For Three bridges critical gaps between families and service providers through free, evidence-informed programs that promote early intervention, caregiver support, safety, and long-term independence. By helping families access appropriate care sooner, H43 reduces long-term dependence on systems and strengthens outcomes for individuals and the broader community.

## **Core Programs & Services**

### **Family Assistance & Resource Support (FARS)**

Hope For Three’s flagship program provides:

- Vetted resources and referrals to any inquiring party, regardless of location
- Direct financial assistance to qualified families for essential therapies (ABA, speech, OT, swim safety, and more)
- Payments are made directly to approved providers, never to families
- Over \$2.1 million awarded to date, enabling access to higher-quality, often life-changing care

### **Education, Empowerment & Respite**

- **It’s Cool to Care:** School-based autism awareness and anti-bullying initiative
- **Teen Huddle:** Youth volunteers provide sibling mentorship and three hours of caregiver respite, often a first-time experience for families
- **H.O.P.E. (Helping Our Parents Excel):** Monthly educational sessions led by licensed professionals and autism advocates
- **Caregiver Empowerment:** Bi-monthly training with Board Certified Behavior Analysts (BCBAs) focused on skill-building and family stability
- **Support Networks:** Monthly social gatherings serving mothers, fathers, grandparents, and caregivers.

### **Safety & Crisis Prevention**

- **Crisis Intervention Training (CIT)** for law enforcement and first responders.
- **Take Me Home Registry** and **Project Lifesaver** support individuals prone to wandering or elopement, ensuring safe, timely returns.

## Impact in Action

- Children transitioned from intensive one-on-one ABA into mainstream public education.
- A nonverbal child spoke her first words to a parent at age nine.
- Families accessed critical services within days, after months of unsuccessful attempts elsewhere.
- In FY 2025, more than 670 student volunteer service hours were provided to support caregivers and siblings.

## Approach & Values

Hope For Three serves the entire family unit, recognizing that caregiver stability, early intervention, safety, and community inclusion are essential to long-term outcomes. Programs are delivered at no cost to families and are designed to reduce long-term dependence on crisis systems and public resources.

## Metrics Snapshot | At-a-Glance Impact

- **Year Founded:** 2010
- **Service Area:** Greater Houston & Fort Bend County
- **Primary Population Served:** Autistic individuals and their families

## Annual Reach

- **2,100+ individuals served annually**
- **1,200+ unduplicated individuals** across programs
- **400+ caregivers supported** through education and peer networks

## Financial Assistance & Access to Care

- **\$2M+ awarded** in direct financial assistance since inception
- **100+ autistic individuals** receive therapy funding annually
- Payments made **directly to vetted providers** (never to families)

## Resources & Navigation

- **600+ quality-assured providers** in H43's vetted resource database
- **300+ resources and referrals** are issued annually

## Education, Safety & Community Impact

- **5,000+ first responders trained** through Crisis Intervention Training (CIT)
- **100+ caregivers annually** receive respite and skill-building support
- **Each year, 25 student volunteers** receive life skills mentorship through Teen Huddle programs

- [www.hopeforthree.org](http://www.hopeforthree.org) ~ [contact@hopeforthree.org](mailto:contact@hopeforthree.org) ~ 281.245.0640  
4771 Sweetwater Blvd., #358, Sugar Land, TX 77479